

Sensory activities

Water play

Fill a sink or bucket with water. Add food colouring. Use containers of different shapes and sizes for filling, emptying, comparing and pouring.



Shaving foam

Spray some shaving foam in a container or on the table. Have students draw pictures or shapes.



Rice tray

Pour some rice into a tray. Hide some objects in the tray for students to find. Use some food colouring to create different colours.



Gardening

Go outside and collect materials to create a sensory box. Include leaves, sticks, twigs and stones from the natural environment.



Oobleck

Make some Oobleck using recipe below.



<https://www.questacon.edu.au/outreach/programs/science-circus/videos/cornflour-slime>

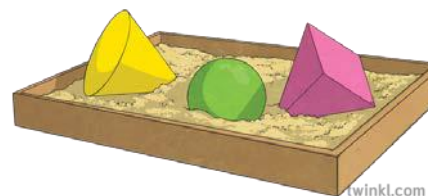
Sensory jars

Make a sensory jar using a plastic jar, glitter and glitter glue



Sand tray

Put some sand in a tray. Hide some objects in the tray for students to find.



Playdoh

Make some playdoh. Roll the playdoh into balls using the palm of the hands facing each other. Make different sized balls.



<https://www.bestrecipes.com.au/recipes/no-cook-playdough-recipe/v7a0hvfx>