

Living skills activities

Baking

Bake a cake or some cookies with an adult. Share your favourite recipe with your teacher.



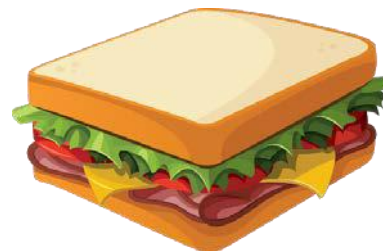
Fruit kebabs

Make some fruit kebabs for fruit break. Thread your favourite fruit onto skewers.



Sandwich

Choose your favourite filling to make a sandwich for lunch.



Set the table

Help an adult set the table for a meal.



Wraps

Make a wrap for today's lunch. Choose your favourite filling to put inside. Roll up and enjoy.



Vegetables

Choose your favourite vegetables to cut up for fruit break. Peel and wash the vegetables. Get an adult to help you cut them. Serve with your favourite dip.



Smoothies

Make a fruit smoothie for fruit break. Choose your favourite fruit and add some milk and ice in a blender.



Wash the dishes

Help an adult wash the dishes after a meal.

