Fine motor activities

Threading

Thread some pasta or beads onto string to make a necklace



Puzzles

Complete a jig-saw puzzle.



Bottle spray

Fill a spray bottle with water and go outside to spray so plants. Practise writing your name or drawing shapes.



Finger painting

Students create pictures using their fingers and hands.



Pipe cleaners

Use pipe cleaners to make shapes or write your name. Thread beads onto the pipe cleaners.



Straws

Thread straws into any objects that have holes e.g. colander. Cut up straws and thread onto string.



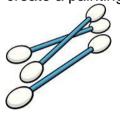
Weaving

Cut paper into strips and weave. Fold paper in half and cut slits in the fold. Weave strips into paper.



Cotton buds

Have students use cotton buds to create a painting.



Collage making

Tear up paper and stick to create a collage. Make a shape or rainbow collage.



Cutting

Practice cutting pictures out of newspaper or magazines.



Tweezers/chopsticks

Use tweezers or chopsticks to practise picking up different objects and moving them from one container to the other.



Pegs

Place pegs onto cardboard or around a plastic container such as an ice cream container.

